



**Andhra Christian College, Guntur**

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Criterion: VII

Metric: 5.1.2

## Health Awareness Programme

**Name of the activity:** Health Awareness

**Date:** 20<sup>th</sup> of August 2018

**Objective:** To give awareness to students and staff about Heart health and Neurological Health.

**Report:** The IQAC of the and Heath club of the college arranges awareness program on heart health and brain health in the college assembly hall at 10 AM. Health club Co-ordinator Dr. N. J. Solomon Babu and Dr. Moses, IQAC Co-ordinator arranged the program.

Dr. R. Murali Babu Rao, M.D.D.M., senior physician in cardiology GGH, Guntur, explain the prevention aspects of heart health and Dr. P. V. Raghava Sarma, M. D. D.M., Chairman Lalitha Hospitals about improving the heart health.

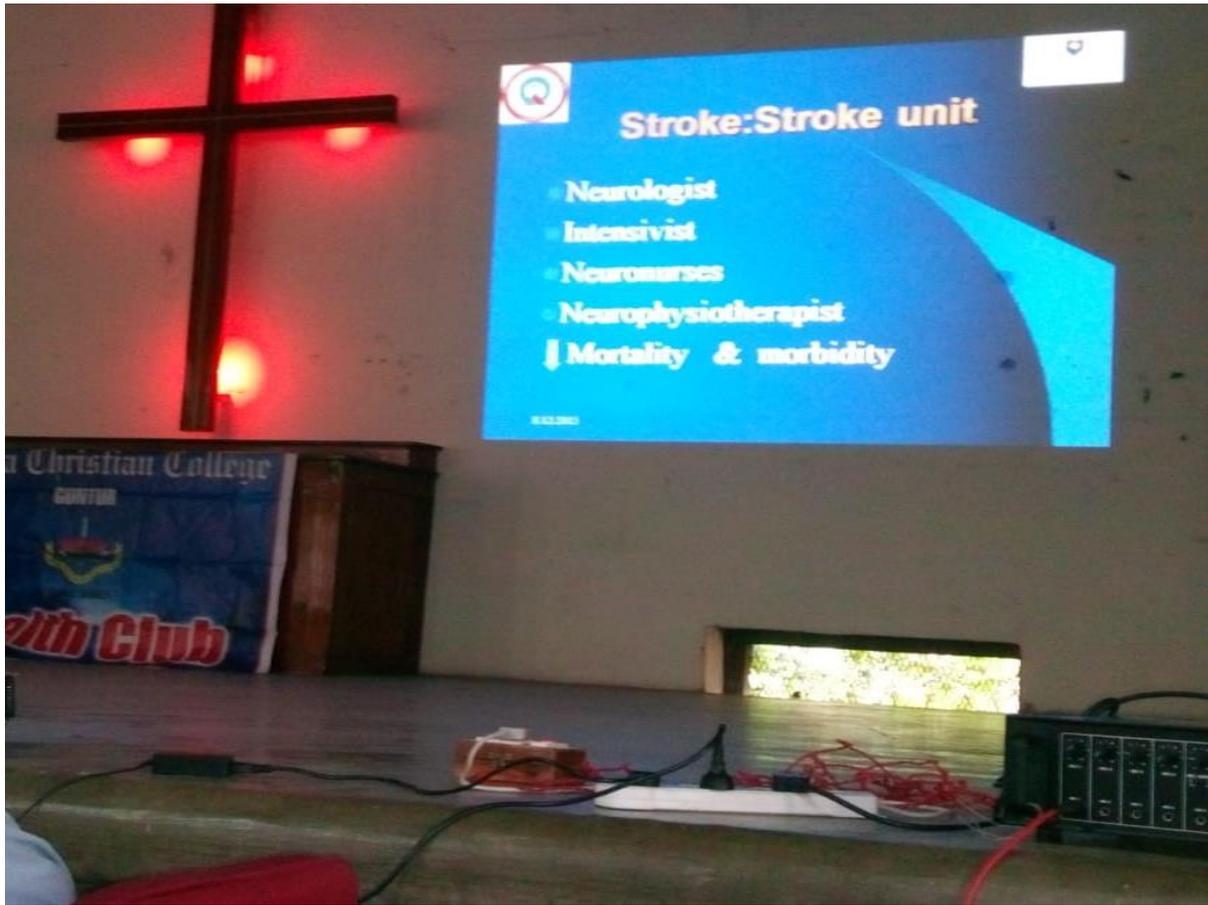
All the staff teaching and non-teaching, students attend the program. The program enlightens that, simple changes in the daily life can remarkably improve the heart health.





Dr. R. Murali Babu Rao, M.D. D. M. on prevention methods





Dr P. V Raghava Sarma on improving on Heart Health



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